

# Recreational Day Programs

## Age Requirements

13-21

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22-55

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56-60

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60+

## Other Eligibility Criteria

Ages 13 and older. Diagnosis with an ID or DD disability.

## Intake Contact

Claudia Skinner

## Intake Contact Email

info@posabilitiesacademy.com

## Intake Process

Email for more information.

## Provider Refer

No

## Qualifications

## Report Problems

## Send an Email

## Self Refer

No

## PosAbilities Center

<https://posabilitiesacademy.com/>

<https://www.facebook.com/PosAbilitiesCenter/>

## Main

(703) 665-9885

44125 Woodbridge Parkway

Suite 100

20170 VA

United States

Monday: 9:00 am-5:30 pm

Tuesday: 9:00 am-5:30 pm

Wednesday: 9:00 am-5:30 pm

Thursday: 9:00 am-5:30 pm

Friday: 9:00 am-5:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

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Spanish

PosAbilities Academy, now PosAbilities Center serves as a dynamic hub for comprehensive support and development for individuals with intellectual and developmental disabilities (ID/DD). The center integrates multiple specialized programs to foster growth, independence, and community involvement. PosAbilities Center embodies a holistic approach to empowering individuals by providing a range of services tailored to their unique needs and aspirations.

PosAbilities Day Programs:

- Comprehensive day programs to support individuals in their daily lives and long-term goals.

Service Area(s)

Alexandria City

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Arlington County

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Clarke County

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Culpeper County

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Fairfax City

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Fairfax County

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Falls Church City  
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Fauquier County  
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Frederick County  
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Fredericksburg City  
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Loudoun County  
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Manassas City  
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Manassas Park City  
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Orange County  
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Prince William County  
,  
Rappahannock County  
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Spotsylvania County  
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Stafford County  
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Warren County  
,  
Winchester City

Email

[info@posabilitiesacademy.com](mailto:info@posabilitiesacademy.com)