

## How to Complete Your Annual Waiver Waitlist Forms!

Each year, individuals who are currently on Virginia's DD Waiver Waiting List (the Waitlist) must complete the **Annual Attestation Documentation of Individual Choice for Home and Community-Based Services form (the Choice form)** and the **Needed Services form** to stay on the Waitlist.

### Reminder

You can complete the required **Choice form** and the optional **Needed Services form** online at [dbhds.virginia.gov/waitlistforms](https://dbhds.virginia.gov/waitlistforms)!

### Need help?

- > Our [Quick Reference Guide](#) shows how to access the Waitlist website, log in, and complete the form online.
- > Our [DBHDS Waitlist Website User Guide](#) gives detailed instructions on how to use the website.

### For more information

If you have questions about how to complete these forms, email [waiverwaitlist@dbhds.virginia.gov](mailto:waiverwaitlist@dbhds.virginia.gov).

You can also contact My Life, My Community at 844-603-9248 (M-F, 9 AM to 4 PM).

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