

## **What are Centers for Independent Living (CILs)?**

Centers for Independent Living (CILs) help support community living and independent living services and programs for people with disabilities. They are designed and operated by people with disabilities. The guiding belief behind CILs is that all people should have the same opportunities to choose where they want to live, earn a living, lead the lives they want, and make their own decisions about their lives.

Find out more about CILs from the [Administration for Community Living](#).

## **What is the Virginia Association of Centers for Independent Living (VACIL)?**

[VACIL](#) is the statewide association CILs in the Commonwealth of Virginia. It advocates for the integration and inclusion of people with disabilities into all aspects of society. The association promotes the professional development, improvement, and expansion of community-based, consumer-controlled CILs. It also promotes community education.

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