

# Independent Housing

Historically, people with developmental disabilities (DD) have experienced major barriers to living in their own homes, including affordability, accessibility, and lack of supportive services options.

Over the past several years, the Commonwealth has focused on addressing these obstacles by making significant investments to help people with DD have greater choice and control over where they live, with whom they spend their time, who supports them, and what they do with their day.

Get inspired by individuals who have successfully moved to their own homes and families who have created innovative, independent housing arrangements for their loved ones.

Read about [housing programs and services](#) that help individuals with developmental disabilities.

Learn about the [key steps](#) to take when making the transition to independent housing, and [create a plan](#).

Find out who to talk to for [guidance and support](#).

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## Helpful Links

### Tools and Resources

- [Thinking About Independent Housing Options](#)
- [Planning: How Do I Prepare to Live Independently?](#)
- [Learning about Available Housing Resources](#)
- [Searching for a Place to Live](#)
- [Maintaining a Home](#)
- [Applying for, Leasing & Moving into a New Home](#)

## **Documents and Guides**

- [Need Some Assistance Navigating the Path to Housing?](#)
- [Independent Housing Outcomes](#)
- [Housing Plan](#)

## **Stay Connected**

- [Northern Virginia Housing & Supportive Services Team's Facebook Group](#)
- [Regional Implementation Teams \(RIT's\)](#)

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