RECOVER: Researching COVID to Enhance

Recovery

Age Requirements No Age Requirement Available 24/7 No **Documents Required** Call for details Intake Process Call, email, or visit the website for information. Intake Contact Telephone (301) 496-4000 **Provider Refer** Yes **Report Problems** Call the Agency , Send a Letter Self Refer Yes National Institute of Health (NIH) https://www.nih.gov/ https://recovercovid.org/ https://www.facebook.com/nih.gov https://twitter.com/NIH Main (301) 496-4000 TTY/TTD (301) 402-9612 9000 Rockville Pike 20892 MD United States Monday: 8:00 am-4:00 pm

Tuesday: 8:00 am-4:00 pm Wednesday: 8:00 am-4:00 pm Thursday: 8:00 am-4:00 pm Friday: 8:00 am-4:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Closes for weekends and federal holidays. Fee Structure Call for Information Languages Spoken English

Call if translation is needed

The National Institutes of Health (NIH) created the RECOVER Initiative to learn about the long-term effects of COVID. Whether or not you have had COVID, you may be able to participate in RECOVER research. <u>Find and Join a Research Study</u> on the agency's website.

When people have symptoms for weeks, months, or even years after COVID infection, it is called Long COVID. If you have long-term effects related to COVID, you're not alone. Long COVID clinical trials include:

- RECOVER-VITAL tests a long course of Paxlovid against long COVID.
- RECOVER-NEURO tests brain symptoms including brain fog, memory, and problem solving.
- RECOVER-SLEEP studies changes in sleep patterns and ability to sleep post COVID.
- RECOVER-AUTONOMIC studies symptoms related to autonomic nervous system.

A fifth protocol is being developed to study interventions for exercise intolerance and fatigue associated with Long COVID.

The website includes education about Long COVID and research into its treatment, causes, and more. <u>Seminars</u>, community engagement opportunities, <u>publications</u> including fact sheets, and news articles about Long COVID issues are also available.

Service Area(s) Nationwide