

# Women, Infants, and Children Supplemental Nutrition Program

Available 24/7

No

Intake Process

Most services require an appointment, please call ahead.

Qualifications

Qualification Type

Licensure

Qualification Entity

Department of Medical Assistance Services

Report Problems

Call the Agency

Self Refer

Yes

Spotsylvania County Health Department

<https://www.vdh.virginia.gov/rappahannock/spotsylvania-county-health-department...>

Main

(540) 507-7400

Hobart Building

9104 Courthouse Road

22553 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

## Languages Spoken

English

The Caroline County Health Department offers the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC). This program is funded through the U.S. Department of Agriculture and is designed to improve the health of pregnant, postpartum, and breastfeeding women as well as infants and children (under 5 years) through better nutrition and access to health care.

WIC provides:

- screening and referrals to other health, welfare, and social service agencies
- nutrition education, breastfeeding promotion, and support
- supplemental nutritious foods

To be eligible for the WIC Program, applicants must meet categorical, residential, income, and nutrition risk requirements. To apply, you will need to show proof of income, identity, and Virginia residency. If you are eligible, there is no cost for this service. Please visit the [website](#) for more information.

Service Area(s)

Spotsylvania County