

## Spinal Cord Injury Recovery Program

Available 24/7

Yes

Documents Required

Call for details

Intake Process

Call for information. Admissions information is available on the website.

Intake Contact Telephone

(804) 877-4000

Provider Refer

Yes

Report Problems

Call the Agency

Sheltering Arms Institute (SAI)

<https://shelteringarmsinstitute.com/>

<https://shelteringarmsinstitute.com/conditions-services/spinal-cord-injury-ther...>

<https://www.facebook.com/ShelteringArmsInstitute/>

[https://twitter.com/SAI\\_Rehab](https://twitter.com/SAI_Rehab)

Main

(804) 877-4000

2000 Wilkes Ridge Drive

23233 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicaid

,

Medicare

Languages Spoken

English

Sheltering Arms Institute is a state-of-the-science, 114-bed, rehabilitation hospital that blends advanced technology, research, and evidence-based clinical care to create superior outcomes for patients.

Features include:

- 212,063 total square feet,
- All private patient rooms,
- Traumatic brain injury, spinal cord injury, complex care, stroke, and general rehabilitation units,
- 9,251 sq. ft. main therapy gym and three satellite gyms,
- Research, conference, and outdoor space,
- Physician, psychology, and nursing services,
- Physical, occupational, and speech therapy,
- Therapeutic recreation,
- Cutting-edge patient care technology and rehabilitation equipment,
- Chapel and dining room,
- Designated visitor areas.

Sheltering Arms Institute offers a wide variety of rehabilitation services to help patients live a full, productive life following a spinal cord injury. The team of physical, occupational, and speech therapists will collaborate to create a customized recovery program to help patients regain muscle strength and flexibility and participate in activities of daily living such as grooming, bathing, dressing, and using the bathroom. Speech-language pathologists will evaluate patients' abilities to express themselves and understand others. Speech-language pathology can also address any swallowing issues (dysphagia) that may have resulted from the injury.

Medical psychology often plays an essential role in the rehabilitation and recovery process following a spinal cord injury and can help with behavior and emotional adjustment. In the hospital setting, physicians, nurses, and case managers oversee the rehabilitation process ensuring medical stability and coordinated care, and suggest recommendations for the next steps following inpatient rehabilitation.

Service Area(s)

Statewide