Joint Replacement (Pre and Post Operative) Recovery

Available 24/7 Yes **Documents Required** Call for details **Intake Process** Call for information. Admissions information is available on the website. Intake Contact Telephone (804) 877-4000 **Provider Refer** Yes **Report Problems** Call the Agency Sheltering Arms Institute (SAI) https://shelteringarmsinstitute.com/ https://shelteringarmsinstitute.com/conditions-services/joint-replacement-pre-a... https://www.facebook.com/ShelteringArmsInstitute/ https://twitter.com/SAI Rehab Main (804) 877-4000 2000 Wilkes Ridge Drive 23233 VA **United States** Fee Structure Call for Information Payment Method(s) Private Pay **Private Insurance** Medicaid

Medicare Languages Spoken English

Sheltering Arms Institute is a state-of-the-science, 114-bed, rehabilitation hospital that blends advanced technology, research, and evidence-based clinical care to create superior outcomes for patients.

Features include:

- 212,063 total square feet,
- All private patient rooms,
- Traumatic brain injury, spinal cord injury, complex care, stroke, and general rehabilitation units,
- 9,251 sq. ft. main therapy gym and three satellite gyms,
- Research, conference, and outdoor space,
- Physician, psychology, and nursing services,
- Physical, occupational, and speech therapy,
- Therapeutic recreation,
- Cutting-edge patient care technology and rehabilitation equipment,
- Chapel and dining room,
- Designated visitor areas.

After joint replacement surgery, physical rehabilitation is an important tool to aid in decreasing discomfort and improving range of motion. Each patient has unique needs, and recovery at Sheltering Arms Institute can greatly benefit patients prior to going home. Sheltering Arms physical and occupational therapists work with many people following joint replacements and recognize the unique challenges of recovery following surgery. A physical therapist can help with exercises to strengthen the muscles around the joint and work on regaining motion in the new joint. An occupational therapist will work on safely conquering the motions necessary to live independently, such as bending and lifting. These clinicians, along with our physicians, provide insight and understanding about your situation and its effects on your daily life.

Service Area(s) Statewide