

# Arthritis Treatment and Therapy

Available 24/7

Yes

Documents Required

Call for details

Intake Process

Call for information. Admissions information is available on the website.

Intake Contact Telephone

(804) 877-4000

Provider Refer

Yes

Report Problems

Call the Agency

Sheltering Arms Institute (SAI)

<https://shelteringarmsinstitute.com/>

<https://shelteringarmsinstitute.com/conditions-services/arthritiis-therapy/>

<https://www.facebook.com/ShelteringArmsInstitute/>

[https://twitter.com/SAI\\_Rehab](https://twitter.com/SAI_Rehab)

Main

(804) 877-4000

2000 Wilkes Ridge Drive

23233 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

,

Medicaid

,

Medicare

Languages Spoken

English

Sheltering Arms Institute is a state-of-the-science, 114-bed, rehabilitation hospital that blends advanced technology, research, and evidence-based clinical care to create superior outcomes for patients.

Features include:

- 212,063 total square feet,
- All private patient rooms,
- Traumatic brain injury, spinal cord injury, complex care, stroke, and general rehab units,
- 9,251 sq. ft. main therapy gym and three satellite gyms,
- Research, conference, and outdoor space,
- Physician, psychology, and nursing services,
- Physical, occupational, and speech therapy,
- Therapeutic recreation,
- Cutting-edge patient care technology and rehabilitation equipment,
- Chapel and dining room,
- Designated visitor areas.

The Sheltering Arms team tailors an array of services to help relieve arthritis pain including physical therapy and modifications to activities. Several medications are also available. Exercise may improve the range of motion and strengthen the muscles surrounding joints to treat arthritis. Sheltering Arms physicians may also recommend and provide selected injections to help to reduce discomfort.

Service Area(s)

Statewide