

# Recreational Rehabilitation, Midtown Center and Club Rec

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Veterans will need a referral to receive services.

Intake Process

Call for information and an appointment. The Club Rec telephone number is (804) 764-5275.

Intake Contact Telephone

(804) 764-1000

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Sheltering Arms Physical Rehabilitation Centers

<https://www.shelteringarms.com>

<https://www.shelteringarms.com/conditions-and-services/community-and-recreation...>

<https://www.facebook.com/shelteringarms/>

<https://twitter.com/SheltArmsRehab>

Rehablog <https://www.shelteringarms.com/about-us/rehablog/>

Main

(804) 764-1001

Toll-Free

(877) 567-3422

2805 West Broad Street

23230 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Payment Method(s)

Private Insurance

,

Medicaid

,

Medicare

,

Tricare

Languages Spoken

English

Our recreational therapy program, also known as therapeutic recreation, can vary depending on the individual needs of the patient. This form of therapy is used to help disabled individuals improve their quality of life and become a more productive person. By incorporating social activities in a community setting, we are able to help reduce their anxieties and depression, while aiding to any physical functionality issues they may be experiencing.

Community and Recreation events including support groups, accessible travel, adaptive sports, special events and Club Rec, a day recreation program, are available on the [website](#).

Service Area(s)

Amelia County

,

Brunswick County

,

Caroline County

,

Charles City County

,

Charlottesville City

,  
Chesterfield County  
,  
Colonial Heights City  
,  
Cumberland County  
,  
Dinwiddie County  
,  
Essex County  
,  
Fredericksburg City  
,  
Gloucester County  
,  
Goochland County  
,  
Greensville County  
,  
Halifax County  
,  
Hampton City  
,  
Hanover County  
,  
Henrico County  
,  
Isle of Wight County  
,  
James City County  
,  
King George County  
,  
King William County  
,  
King and Queen County  
,  
Lancaster County

,  
Louisa County  
,  
Mathews County  
,  
Mecklenburg County  
,  
Middlesex County  
,  
New Kent County  
,  
Newport News City  
,  
Norfolk City  
,  
Northumberland County  
,  
Nottoway County  
,  
Petersburg City  
,  
Powhatan County  
,  
Prince Edward County  
,  
Prince George County  
,  
Richmond City  
,  
Richmond County  
,  
Southampton County  
,  
Spotsylvania County  
,  
Stafford County  
,  
Sussex County

,

Virginia Beach City

,

Westmoreland County

Email

[info@shelteringarms.com](mailto:info@shelteringarms.com)