

Arthritis Care and Support, Midtown Center and Club Rec

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Veterans will need a referral to receive services.

Intake Process

Call for information and an appointment. The Club Rec telephone number is (804) 764-5275.

Intake Contact Telephone

(804) 764-1000

Provider Refer

Yes

Qualifications

Qualification Type

Certification

Qualification Entity

Medicaid

Report Problems

Call the Agency

Self Refer

Yes

Sheltering Arms Physical Rehabilitation Centers

<https://www.shelteringarms.com>

<https://www.facebook.com/shelteringarms/>

<https://twitter.com/SheltArmsRehab>

Rehablog <https://www.shelteringarms.com/about-us/rehablog/>

Main

(804) 764-1001

Toll-Free

(877) 567-3422

2805 West Broad Street
23230 VA
United States

Monday: 8:00 am-4:30 pm
Tuesday: 8:00 am-4:30 pm
Wednesday: 8:00 am-4:30 pm
Thursday: 8:00 am-4:30 pm
Friday: 8:00 am-4:30 pm
Saturday: Closed
Sunday: Closed

Fee Structure

Call for Information

Payment Method(s)

Private Insurance

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Medicaid

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Medicare

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Tricare

Languages Spoken

English

The physical therapists and physicians at Sheltering Arms can work with you on specific exercises and techniques for reducing pain and improving function. As with many conditions, maintaining a healthy, regular exercise regimen can also prove helpful in reducing the pain associated with arthritis. Sheltering Arms' fitness centers, structured fitness classes and warm water therapeutic pool are excellent options for beginning and maintaining this routine.

Service Area(s)

Amelia County

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Brunswick County

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Caroline County

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Charles City County
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Charlottesville City
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Chesterfield County
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Colonial Heights City
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Cumberland County
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Dinwiddie County
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Essex County
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Fredericksburg City
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Gloucester County
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Goochland County
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Greensville County
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Halifax County
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Hampton City
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Hanover County
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Henrico County
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Isle of Wight County
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James City County
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King George County
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King William County

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King and Queen County
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Lancaster County
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Louisa County
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Mathews County
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Mecklenburg County
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Middlesex County
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New Kent County
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Newport News City
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Norfolk City
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Northumberland County
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Nottoway County
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Petersburg City
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Powhatan County
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Prince Edward County
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Prince George County
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Richmond City
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Richmond County
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Southampton County
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Spotsylvania County

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Stafford County

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Sussex County

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Virginia Beach City

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Westmoreland County

Email

info@shelteringarms.com