

# Arthritis Care and Support, Sheltering Arms Hospital, Midlothian

Documents Required

Call for details

Other Eligibility Criteria

Veterans will need a referral to receive services.

Intake Process

Call for information and an appointment.

Intake Contact Telephone

(804) 764-1000

Provider Refer

Yes

Qualifications

Qualification Type

Certification

Qualification Entity

Medicaid

Qualification Type

Certification

Qualification Entity

Medicare.gov

Report Problems

Call the Agency

Self Refer

Yes

Sheltering Arms Physical Rehabilitation Centers

<https://www.shelteringarms.com>

<https://www.facebook.com/shelteringarms/>

<https://twitter.com/SheltArmsRehab>

Rehablog <https://www.shelteringarms.com/about-us/rehablog/>

Main

(804) 764-1000

Toll-Free

(877) 567-3422

13700 Saint Francis Boulevard, Suite 400  
23114 VA  
United States

#### Fee Structure

Call for Information

Payment Method(s)

Private Insurance

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Medicaid

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Medicare

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Tricare

Languages Spoken

English

The physical therapists and physicians at Sheltering Arms can work with you on specific exercises and techniques for reducing pain and improving function. As with many conditions, maintaining a healthy, regular exercise regimen can also prove helpful in reducing the pain associated with arthritis. Sheltering Arms' fitness centers, structured fitness classes and warm water therapeutic pool are excellent options for beginning and maintaining this routine.

#### Service Area(s)

Amelia County

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Brunswick County

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Caroline County

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Charles City County

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Charlottesville City

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Chesterfield County

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Colonial Heights City

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Cumberland County  
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Dinwiddie County  
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Essex County  
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Fredericksburg City  
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Gloucester County  
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Greensville County  
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Halifax County  
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Hampton City  
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Hanover County  
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Henrico County  
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King William County  
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Newport News City  
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Norfolk City  
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Northumberland County  
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Southampton County  
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Spotsylvania County  
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Stafford County  
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Sussex County  
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Virginia Beach City  
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Westmoreland County

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