## Dry Needling, Laburnum Center

Tuesday: 7:30 am-6:00 pm

Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Veterans will need a referral to receive services. Intake Contact Email PT Hull@shelteringarms.com **Intake Process** Call for information and an appointment. Intake Contact Telephone (804) 764-1000 **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Sheltering Arms Physical Rehabilitation Centers https://www.shelteringarms.com https://www.shelteringarms.com/conditions-and-services/outpatient-services/ https://www.facebook.com/shelteringarms/ https://twitter.com/SheltArmsRehab Rehablog https://www.shelteringarms.com/about-us/rehablog/ Main (804) 764-1000 **Toll-Free** (877) 567-3422 4730 South Laburnum Avenue 23231 VA **United States** Monday: 7:30 am-6:00 pm

Wednesday: 7:30 am-6:00 pm Thursday: 7:30 am-6:00 pm Friday: 7:30 am-12:00 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Payment Method(s) Private Insurance , Medicaid , Medicare

Tricare Languages Spoken English

Sheltering Arms physical therapists help patients find relief from and minimize life interruptions related to pain. Depending upon the nature of the pain, patients may benefit from dry needling.

Dry needling may help in relieving pain related to:

- tissue dysfunction,
- muscle strain and counter-strain,
- acute and chronic pain conditions,
- low-back pain,
- spasms.

A physical therapist with training in this precise technique will place solid needles deep in the skin and muscle to directly release myofascial trigger points and relieve pain in your muscle and connective tissue. Although they are similar in appearance, the practice of dry needling is based on clinical guidelines as opposed to meridians, or life-energy paths, used in acupuncture.

Service Area(s) Amelia County

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**Brunswick County** 

Caroline County

Charles City County

Charlottesville City

Chesterfield County

Colonial Heights City

Cumberland County

Dinwiddie County

Essex County

Fredericksburg City

Gloucester County

**Goochland County** 

Greensville County

Halifax County

Hampton City

Hanover County

Henrico County

Isle of Wight County

James City County

King George County King William County King and Queen County Lancaster County Louisa County Mathews County Mecklenburg County Middlesex County New Kent County Newport News City Norfolk City Northumberland County Nottoway County Petersburg City Powhatan County Prince Edward County Prince George County **Richmond City Richmond County** 

Southampton County

, Spotsylvania County , Stafford County , Sussex County , Virginia Beach City ,

Westmoreland County Email <u>PT\_Laburnum@shelteringarms.com</u>