## Dry Needling, Reynolds Center

Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Veterans will need a referral to receive services. Intake Contact Email Reynolds@shelteringarms.com Intake Process Call for information and an appointment. The fitness telephone number is (804) 764-5275 and the Industrial Rehabilitation email is industrial@shelteringarms.com. Intake Contact Telephone (804) 764-1000 **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Sheltering Arms Physical Rehabilitation Centers https://www.shelteringarms.com https://www.shelteringarms.com/conditions-and-services/outpatient-services/ https://www.facebook.com/shelteringarms/ https://twitter.com/SheltArmsRehab Rehablog https://www.shelteringarms.com/about-us/rehablog/ Main (804) 764-1000 Toll-Free (877) 567-3422 6627 West Broad Street 23230 VA **United States** Monday: 7:30 am-5:00 pm

Tuesday: 7:30 am-6:00 pm Wednesday: 7:30 am-5:00 pm Thursday: 7:30 am-6:00 pm Friday: 7:30 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Fitness hours are Monday through Friday from 8:00 am until 4:30 pm. Fee Structure Call for Information Payment Method(s) **Private Insurance** Medicaid Medicare , Tricare Languages Spoken

English

Sheltering Arms physical therapists help patients find relief from and minimize life interruptions related to pain. Depending upon the nature of the pain, patients may benefit from dry needling.

Dry needling may help in relieving pain related to:

- tissue dysfunction,
- muscle strain and counter-strain,
- acute and chronic pain conditions,
- low-back pain,
- spasms.

A physical therapist with training in this precise technique will place solid needles deep in the skin and muscle to directly release myofascial trigger points and relieve pain in your muscle and connective tissue. Although they are similar in appearance, the practice of dry needling is based on clinical guidelines as opposed to meridians, or life-energy paths, used in acupuncture. Service Area(s) Amelia County

**Brunswick County** 

Caroline County

,

Charles City County

Charlottesville City

Chesterfield County

Colonial Heights City

Cumberland County

Dinwiddie County

Essex County

Fredericksburg City

Gloucester County

Goochland County

Greensville County

Halifax County

Hampton City

Hanover County

Henrico County

Isle of Wight County

James City County

King George County

King William County

King and Queen County

Lancaster County

Louisa County

Mathews County

Mecklenburg County

Middlesex County

New Kent County

Newport News City

Norfolk City

Northumberland County

Nottoway County

Petersburg City

Powhatan County

Prince Edward County

Prince George County

**Richmond City** 

**Richmond County** 

,

,

,

Southampton County

Spotsylvania County

Stafford County

Sussex County

Virginia Beach City

Westmoreland County Email info@shelteringarms.com