

## Adult Community Supports

Age Requirements

13-21

,

22-55

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Participants must be actively seeking employment or gainfully employed, volunteering or enrolled in post-secondary education. Participants also must have a diagnosis of autism spectrum disorder or other developmental disability.

Intake Contact Email

information@cahumanservices.org

Intake Process

Call or email for information.

Intake Contact Telephone

(804) 355-0300

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

CA Human Services

<https://cahumanservices.org/>

<http://cahumanservices.org/for-individuals-families/#adult>

<https://www.facebook.com/CommonwealthAutismService/>

<https://twitter.com/autismva>

<https://cahumanservices.org/blog/>

Main

(804) 355-0300

Main Office  
4108 East Parham Road  
23228 VA  
United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Participants are paired with a coach. Together, and with family input, they create a Personal Development Plan (PDP). The PDP establishes goals and maps out strategies for achieving those goals. With support from CA coaches, clients will work on residential and independent living skills to transition to a group or independent living setting, such as CA's Residential Program.

Participants meet with their counselor a few times a week to work on skills such as:

- Household cleanliness
- Personal finances and budgeting
- Careers and employment
- Transportation
- Personal safety
- Fitness and wellness
- Time management
- Cooking, meal prep and nutrition
- Medical care management
- Problem solving

- Communication and self advocacy
- Social skills and relationships

Service Area(s)

Statewide

Email

[information@cahumanservices.org](mailto:information@cahumanservices.org)