## Mental Health First Aid USA

Age Requirements No Age Requirement Available 24/7 No **Documents Required** Call for details Intake Contact Email MHFAinfo@thenationalcouncil.org **Intake Process** Call, email or visit the website. Intake Contact Telephone (888) 244-8980 x4 Provider Refer Yes **Report Problems** Call the Agency Self Refer Yes National Council for Behavioral Health https://www.thenationalcouncil.org https://Facebook.com/TheNationalCouncil https://twitter.com/nationalcouncil Main (888) 244-8980 x4 1400 K Street Northwest Suite 400 20005 DC **United States** Monday: 8:30 am-5:00 pm Tuesday: 8:30 am-5:00 pm Wednesday: 8:30 am-5:00 pm Thursday: 8:30 am-5:00 pm Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed Fee Structure Call for Information Languages Spoken English

Mental Health First Aid is an eight-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it does build mental health literacy, helping the public identify, understand and respond to signs of mental illness.

Service Area(s) Nationwide Email MHFAinfo@thenationalcouncil.org