

## **Camp Next Step, Young Adults**

Other Eligibility Criteria

Young Adults age 17 to 24, adults under 30

Family

No

Intake Process

Visit the website for information; call the office.

Brainy Camps Association

<http://www.brainycamps.com/>

<https://www.brainycamps.com/camps/transitioning-youth.html>

Main

(202) 476-5142

2273 Mayo Drive

22935 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Camp Next Step is a 5-day/4-night camp for young adults, ages 17-24, in need of assistance in becoming independent and self-sufficient. Dr. Amy Kao, Child Neurologist at Children's National Health System, heads the medical team, providing 24/7 coverage of the camp. Participants focus on self-management of health care, performance of daily living activities, acquisition of effective social skills, and determination of future goals. Throughout the camp days, the Next Step group has the opportunity to participate in a myriad of activities with their partners. They learn team-building skills through activities such as sports, skits, and camp Olympics. Group counseling sessions give them the opportunity to discuss their thoughts and feelings and evaluate their own performance.

Service Area(s)

Statewide

Email

[info@brainycamps.com](mailto:info@brainycamps.com)