

## Women's Programs, Substance Use Disorders

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves women who need substance use services.

Intake Process

Call or walk in to the clinic in your locality.

Intake Contact Telephone

(540) 373-3223 x2

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

101

Report Problems

Call the Agency

Residency Requirements

Serves residents of and people located in the City of Fredericksburg or in one of the counties of Caroline, King George, Spotsylvania or Stafford.

Self Refer

Yes

Rappahannock Area Community Services Board

<https://rappahannockareacsb.org>

<https://rappahannockareacsb.org/portfolio-view/womens-programs>

<https://www.facebook.com/RappahannockAreaCommunityServicesBoard/>

@RappAreaCSB

Main

(540) 373-3223  
Phone Emergency  
(540) 373-6876

Ronald W. Branscome Building  
600 Jackson Street  
22401 VA  
United States

Monday: 8:00 am-5:00 pm  
Tuesday: 8:00 am-5:00 pm  
Wednesday: 8:00 am-5:00 pm  
Thursday: 8:00 am-5:00 pm  
Friday: 8:00 am-5:00 pm  
Saturday: Closed  
Sunday: Closed

#### Additional Availability Comments

Emergency Services are available 24 hours per day, 365 days per year.

#### Fee Structure

Sliding Scale Fee

,

Call for Information

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicaid

,

Medicare

Languages Spoken

English

,

Call if translation is needed

Rappahannock Area Community Services Board (RACSB), offers gender-specific treatment programs for women that include:

- Modified Intensive Outpatient Program: Women participate in small groups, setting and achieving personal goals in their journey to sobriety and health.
- Day or Evening Groups: This less intensive treatment helps women identify the symptoms of substance use disorder and develop skills to overcome addiction and lead healthier lives.
- Co-occurring Disorder Group: This small group integrates the recovery process with mental wellness. Topics include medication compliance, relationships, family issues, stress management, self-care and trauma.
- Anger Management: This 10 week small group combines substance use prevention with education about how to manage anger and aggression.

Emergency services are offered 24 hours per day, 365 days per year by calling:

- Fredericksburg (540) 373-6876
- Stafford County (540) 373-6876
- Spotsylvania County (540) 373-6876
- Caroline County (804) 633-4148
- King George County (540) 775-5064.

Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,

Stafford County