## **Behavioral Health Helpline**

Age Requirements 0-5 , 6-12 13-21 22-55 56-60 , 60 +Family No Intake Contact Email mhafred@mhafred.org Self Refer Yes Mental Health America of Fredericksburg http://www.mhafred.org/ Main (540) 371-2704 Phone Emergency (800) 684-6423 2217 Princess Anne Street, Suite 104-1 22401 VA **United States** Languages Spoken English

Mental Health America of Fredericksburg offers a behavioral health helpline and referral service. Call toll-free 800.684.6423 or local 540.371.2704. The Helpline is a

confidential referral service that links people needing help with those who can provide it in the public, private and nonprofit sections, answers questions, provides referrals to community resources and educational literature on behavioral health issues.

Service Area(s) Caroline County

Fredericksburg City

King George County

Spotsylvania County

Stafford County

Westmoreland County Email mhafred@mhafred.org