## **Sports Physical Therapy**

Age Requirements

No Age Requirement

Family

No

Intake Contact Email

chughes@ospta.com

**Intake Process** 

Visit the website for information; call the office.

Provider Refer

No

Report Problems

Other

Self Refer

No

Orthopedic and Sports Physical Therapy Associates (OSPTA)

http://ospta.com/

https://ospta.com/services\_blocks/sports-physical-therapy/

Main

(540) 373-3031

421 Chatham Square

22405 VA

**United States** 

Monday: 7:00 am-7:00 pm Tuesday: 7:00 am-7:00 pm

Wednesday: 7:00 am-7:00 pm

Thursday: 7:00 am-7:00 pm

Friday: 7:00 am-4:00 pm

Saturday: Closed Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Private Insurance
,
Medicare
Languages Spoken
English

Sports Physical Therapy is available for athletic injury prevention and rehabilitation; sports performance enhancement programs, recreational sports injury rehabilitation, SportsMetrics (TM), and more.

Service Area(s)
Fredericksburg City
,
Spotsylvania County
,
Stafford County