

## Virginia Help Line, Mental Illness

Age Requirements

No Age Requirement

Available 24/7

Yes

Family

No

Intake Contact Email

info@namivirginia.org

Intake Process

Visit the website for information, call the office Help Line or call the NAMI Virginia Area Crisis Line at 1-888-486-8264

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

National Alliance on Mental Illness Virginia (NAMI VA)

<http://www.namivirginia.org/>

<https://namivirginia.org/crisis-info/>

<https://www.facebook.com/NAMIVirginia1/>

Main

(800) 950-6264

Toll-Free

(888) 486-8264

Phone Emergency

(888) 486-8264

PO Box 8260

23226 VA

United States

Fee Structure

No Fee

Languages Spoken

English

NAMI offers Virginia Help Line. The toll-free Help Line can provide information and resources to callers who are seeking information about mental illness topics. The Help Line can assist with locating support groups and educational programs; information on how to access the mental health system; and general information about mental illness, education, support, and recovery.

The Help Line is not a crisis hotline. Please call 1-888-486-8264, ext 202, or 804-285-8264, extension 202. The Helpline is available Monday through Friday, 9 am until 5 pm EST. Call 911 if you are experiencing a crisis or Visit the [Crisis Page](#). You can also text 988, the suicide and crisis line.

Service Area(s)

Statewide

Email

[info@namivirginia.org](mailto:info@namivirginia.org)