

## **Mental Illness Family Support Group**

Age Requirements

18 and over

Family

Yes

Intake Contact

Chloe Sanders

Intake Contact Email

csanders@namivirginia.org

Intake Process

Visit the website for information, call the office

Intake Contact Telephone

(804) 285-8264

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

National Alliance on Mental Illness Virginia (NAMI VA)

<http://www.namivirginia.org/>

<https://namivirginia.org/support-and-education/support-groups/nami-family-suppo...>

<https://www.facebook.com/NAMIVirginia1/>

Main

(804) 285-8264 x202

Toll-Free

(888) 486-8264

PO Box 8260

23226 VA

United States

Additional Availability Comments

Office hours Monday-Friday 9 am - 5 pm; support group times vary.

Fee Structure

No Fee

## Languages Spoken

English

NAMI offers Family Support Groups. Free support groups are offered to family members, caregivers, and loved ones of adults and children with mental health needs.

The groups are 90-minute weekly support groups run by the family members of persons who live with mental illness for other friends and family members of persons living with a mental illness. These groups provide a place that offers respect, understanding, encouragement, and hope.

All groups are free of charge, confidential, and open to all adult friends and family members. To find a group and learn more, visit [Find a Group](#) If you do not find a group in your community, call the office.

## Service Area(s)

Statewide

## Email

[info@namivirginia.org](mailto:info@namivirginia.org)