

## Tobacco User Quit Line, Quit Now Virginia

### Age Requirements

13-21

,

18 and over

Available 24/7

Yes

Family

No

### Intake Process

Call the toll-free number or visit the online service at <https://quitnow.net/mve/quitnow?qnclient=Virginia>. For service in Spanish, call (855) 335-3569. For individuals who are deaf or hard of hearing, call (877) 777-6534.

### Intake Contact Telephone

(800) 784-8669

### Provider Refer

Yes

### Report Problems

Call the Agency

### Residency Requirements

Serves Virginia residents.

### Self Refer

Yes

Virginia Department of Health

<http://www.vdh.virginia.gov/>

<https://www.vdh.virginia.gov/tobacco-free-living/quit-now-virginia/>

<https://www.facebook.com/VDHgov>

### Main

(804) 864-7001

### Toll-Free

(800) 784-8669

### TTY/TTD

(877) 777-6534

109 Governor's St 10th FL  
23219 VA  
United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

,

Spanish

Quit Now Virginia provides free information and coaching by telephone or online as part of the Virginia Tobacco Control Program. There is no limit to the number of times anyone can call the quitline. [Quit Now Virginia is also available online.](#)

Eligible callers can receive counseling, Text2Quit messages, mail information, and self-help materials. Information is available about local community resources. More intensive treatment services are available to the uninsured, pregnant women, and youth who want to quit and enroll in a multiple-session service with counselor-initiated calls.

Funded by the Virginia Department of Health Tobacco Control Program.

Service Area(s)

Statewide