

## Mental Health Warm Line, Peer-Run

Age Requirements

No Age Requirement

Available 24/7

No

Intake Contact

General Staff

Intake Contact Email

info@mhav.org

Intake Process

Please call for additional information or dial 988. Línea de Prevención del Suicidio y Crisis 1-888-628-9454. Text the Warmline at 866 400 6428.

Intake Contact Telephone

(866) 400-6428

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Mental Health America of Virginia

<https://mhav.org/>

<https://mhav.org/support/warm-line/>

<https://www.facebook.com/MentalHealthVirginia>

<https://twitter.com/MHAofVirginia>

Main

(804) 257-5591

Toll-Free

(866) 400-6428

Phone Emergency

988

2008 Bremo Road, Suite 101

23226 VA

## United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

### Additional Availability Comments

Text and chat are available from 5:00 PM until 9:00 PM on Wednesdays, Fridays, and Saturdays, Spanish call or text services are open every Friday and Saturday from 5:00 PM until 9:00 PM.

### Fee Structure

No Fee

### Languages Spoken

English

A Warm Line is a peer-run support line for individuals residing in Virginia who need someone to listen with non-judgmental compassion or to receive referrals for behavioral health services in Virginia when requested. Peer operators can provide local, state, and national resources to assist callers in their recovery. The message of hope is emphasized because operators themselves offer living examples of personal accomplishment and achievement of wellness. The peers at Mental Health America of Virginia (MHAV) are not licensed professionals, medical providers, or legal advisors. Additionally, the staff and volunteers at MHAV maintain strict confidentiality and do not divulge personally identifying information regarding a caller.

A Warm Line is not a Hotline, which is for individuals in need of emergency services.

If you are in crisis call the [988 Suicide and Crisis Lifeline](#). 988 is a national network of local crisis centers that can provide free and confidential emotional support to those in suicidal crisis or emotional distress. 9-8-8 is available 24 hours a day, [Lifeline Chat](#) is a service of the 988 Suicide and Crisis Lifeline.

### Service Area(s)

Statewide

Email

[info@mhav.org](mailto:info@mhav.org)