

## Family to Family Education

Available 24/7

No

Other Eligibility Criteria

None specified.

Family

Yes

Intake Contact Email

info@namivirginia.org

Intake Process

Call for more information

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

National Alliance on Mental Illness Virginia (NAMI VA)

<http://www.namivirginia.org/>

<https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-Family-to-F...>

<https://www.facebook.com/NAMIVirginia1/>

Main

(804) 285-8264

Toll-Free

(888) 486-8264

Phone Emergency

(800) 950-6264

PO Box 8260

23226 VA

United States

Languages Spoken

English

NAMI's Family to Family Education program is a free course that runs for 8 weeks for family caregivers of individuals with behavioral health disorders. The curriculum focuses on schizophrenia, bipolar disorder, manic depression, clinical depression, panic disorder, and obsessive-compulsive disorder. The course teaches the knowledge and skills needed to cope more efficiently and discusses clinical treatment. [August 2023 events](#)

This course is offered in various locations throughout Virginia. If you do not know the local affiliate, call the state office at 804-285-8264 for information.

Service Area(s)

Statewide

Email

[info@namivirginia.org](mailto:info@namivirginia.org)