

Food Bank and Find A Pantry

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Some services are available for older adults and individuals with disabilities only.

Family

Yes

Intake Contact Email

info@fredfood.org

Intake Process

For emergency food assistance, call or send an email to info@fredfood.org. This e-mail address requires JavaScript enabled to view it. The website offers a Find A Pantry tool to find the nearest food assistance.

Intake Contact Telephone

(540) 371-7666

Provider Refer

Yes

Report Problems

Call the Agency

,

Send an Email

Residency Requirements

The food pantry service area includes the communities of Colonial Beach, Locust Grove and Triangle.

Self Refer

Yes

Fredericksburg Regional Food Bank

<https://www.fredfood.org/>

<https://www.fredfood.org/programs>

<https://www.facebook.com/FredFoodva>

<https://twitter.com/FredFoodVA>

<https://www.fredfood.org/blog>

Main

(540) 371-7666

3631 Lee Hill Drive

22401 VA

United States

Monday: 8:00 am-4:00 pm

Tuesday: 8:00 am-4:00 pm

Wednesday: 8:00 am-4:00 pm

Thursday: 8:00 am-3:00 pm

Friday: 8:00 am-3:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

The food bank is also open from 9:00 am until 12:00 pm on the first Saturday of each month. Non-perishable donation items may be left in the Donation Drop Box located outside of our Warehouse Entrance.

Fee Structure

No Fee

Languages Spoken

English

Fredericksburg Regional Food Bank (FRFB) offers food bank, nutrition, and food pantry locator services. The food bank provides nutritious food on a monthly basis to vulnerable populations, older adults, and people with disabilities to supplement their nutrition needs. The website offers a [Find A Pantry](#) tool to help individuals locate their nearest food pantry.

The Mobile Pantry Program brings fresh produce and pantry items to remote and under-served areas of our community where many food-insecure families have limited access to healthy food. The [Mobile Pantry schedule](#) is available on the website.

FRFB serves as a distribution point for government commodities through The Emergency Food Assistance Program (TEFAP) and the Food For Life Commodity Supplemental Food Program (CFSP) for low-income older adults only. The [CSFP](#)

[application](#) is available on the website.

Additional nutrition services include Kids on the Go, Club Kids, and Food-4-Families.

Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Orange County

,

Prince William County

,

Spotsylvania County

,

Stafford County

,

Westmoreland County

Email

info@fredfood.org