

## **Support Groups, Survivors of Sexual Assault**

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Adult survivors of sexual assault

Family

No

Intake Contact

General

Intake Process

Visit the website for information; call the office

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Rappahannock Council Against Sexual Assault

<http://www.rcasa.org>

<https://www.rcasa.org/counseling>

<https://www.facebook.com/Rcasa1>

[https://twitter.com/rcasa\\_va?lang=en](https://twitter.com/rcasa_va?lang=en)

Main

(540) 371-6771

Toll-Free

(800) 838-8238

Phone Emergency

(540) 371-1666

615 Jefferson Davis Hwy Suite 201

22401 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Support Groups meet at a variety of times to meet client needs.

Fee Structure

No Fee

Languages Spoken

English

Rappahannock Council Against Sexual Assault (RCASA) provides a safe place to share your story of abuse and to receive the support and validation you need. Our goal is that anyone who participates either in a therapeutic support group or in a psychoeducational group receives both practical and emotional support regarding their sexual violence experience. Group facilitators will help participants understand that the abuse or assault was not their fault and that their reactions are normal.

RCASA may periodically offer support groups that empower and encourage while helping participants feel less isolated in their experiences with sexual violence. Groups are held periodically. A support group for secondary survivors of sexual assault may be available to family, loved ones and friends of victims of sexual assault. Girl Talk is available for females ages 16 to 19. Call the office at 540-371-6771 to find out more information about ongoing groups.

- Call 540-371-1666 for the RCASA Crisis hotline. Available 24/7.
- Call 800-552-7096 for the Virginia Child Abuse and Neglect hotline.
- Call 800-838-8238 for the Virginia Family Violence and Sexual Assault hotline.

Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,  
Stafford County  
Email  
[info@rcasa.org](mailto:info@rcasa.org)