

## Meditation

Age Requirements

No Age Requirement

Available 24/7

No

Family

Yes

Self Refer

Yes

Washington Buddhist Vihara Society

<http://www.buddhistvihara.com/>

5017 16th Street NW

20011 DC

United States

Languages Spoken

English

Provides a religious and cultural center for Buddhists in the Virginia, Washington DC, and Maryland areas. Serves as a center for Buddhist studies and education, and for Buddhist outreach activities to the public.

Meditation services are offered frequently during the month.

Membership includes a quarterly newsletter. The Washington D.C. Buddhist Vihara is dedicated to the presentation of Buddhist thought, practice, and culture. It is staffed by resident Bhikkus ( monks ) who are available to discuss the various aspects of Buddhism, teach meditation, and offer informal courses. The Bhikkus are available by invitation to give lectures, as well as meditation workshops at universities, schools, churches, and other community groups.

To foster the education of Buddhism the Washington D.C. Buddhist Vihara maintains a Buddhist library on all facets of Buddhism and a Buddhist book service. A free list of books available for purchase from the book service is available upon request.

Service Area(s)

Alexandria City

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Arlington County

,

Clarke County

,

Fairfax City

,

Fairfax County

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Falls Church City

,

Fredericksburg City

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Loudoun County

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Manassas City

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Manassas Park City

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Prince William County

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Spotsylvania County

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Stafford County

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Warren County

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Washington DC