Health Information

Age Requirements No Age Requirement Available 24/7 No Other Eligibility Criteria Open to all Family No Intake Contact Email nhlbiinfo@nhlbi.nih.gov Intake Process Phone Self Refer Yes National Heart, Lung and Blood Institute (NHLBI) Main (301) 592-8573 TTY/TTD (240) 629-3255 PO Box 30105 20824 MD **United States** Fee Structure

Call for Information Languages Spoken English

National Heart, Lung and Blood Institute (NHLBI) offers information, education, research and training to promote the prevention and treatment of heart, lung and blood diseases and enhance the health of all individuals so that they can live longer and more fulfilling lives. Contact the agency to request copies of publications, permission to replicate figures or graphs or table, and with questions bout policies and procedures.

NHLBI publishes a newsletter; distributes pamphlets and publications on the subjects of hypertension, sleep disorder, cholesterol, blood resources, heart disease, obesity, sleep disorders and asthma. Please call to request publications.

If you are requesting health information, please include a current postal address, since many resources are available only as printed publications.

The agency makes available information on achieving your healthy weight, including publications such as Stay Active and Feel Better, and Energize Yourself: Stay Physically Active.

Service Area(s) Nationwide