

## Weight Control, Virginia

Age Requirements

16-21

,

18 and over

Available 24/7

No

Other Eligibility Criteria

Open to all

Family

No

Intake Contact Email

judytops@msn.com

Intake Process

Call the office

Report Problems

Call the Agency

Self Refer

Yes

TOPS (Take Off Pounds Sensibly) Club

<http://www.tops.org/>

<https://www.tops.org/tops/TOPS/FindAMeeting.aspx>

<https://www.facebook.com/TOPSClub>

Main

(414) 482-4620

Toll-Free

(800) 932-8677

4575 South 5th Street

53207 WI

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Monday through Friday from 8:00 am to 4:30 pm Central.

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

TOPS offers weight loss programs designed to assist in losing weight and maintaining the loss.

This weight control self-help association uses group dynamics, competition, and recognition to help members lose weight. TOPS is medically oriented, requiring physician-approved individual diet programs, and physician-set weight goals. TOPS uses the Food Exchange system.

Click here to [Find a Local Chapter](#) in Virginia

Service Area(s)

Nationwide