

# **Behavioral Health Resources, Education and Advocacy**

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Family

No

Intake Contact

Lynn DelaMer

Intake Contact Email

[mhafred@mhafred.org](mailto:mhafred@mhafred.org)

Intake Process

Call the office

Self Refer

Yes

Mental Health America of Fredericksburg

<http://www.mhafred.org/>

Main

(540) 371-2704

Toll-Free

(800) 684-6423

2217 Princess Anne Street, Suite 104-1  
22401 VA  
United States

Fee Structure

Call for Information

Languages Spoken

English

Mental Health America of Fredericksburg offers an information and referral helpline to link people with behavioral health services, support groups, weekly in-home support for socially isolated elderly and suicide prevention in local schools, Mental Health First Aid training builds behavioral health literacy and helps the public identify, understand and respond to signs of behavioral health disorders.

Mental Health of America also offers public education and a lending library, as well as being a public policy advocate.

Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,

Stafford County

,

Westmoreland County

Email

[mhafred@mhafred.org](mailto:mhafred@mhafred.org)