

## Nutrition Information

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

No residency requirement.

Family

No

Intake Contact

Nutrition Information

Intake Contact Email

fnic@ars.usda.gov

Intake Process

Phone, email or visit information online

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Food and Nutrition Information Center (FNIC)

<https://www.nal.usda.gov/programs/fnic>

<https://www.facebook.com/USDA>

[https://twitter.com/National\\_Ag\\_Lib](https://twitter.com/National_Ag_Lib)

Main

(301) 504-5414

10301 Baltimore Ave Rm 105

20705 MD

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Eastern Standard Time

Languages Spoken

English

The Food and Nutrition Information Center (FNIC) provides information about food and human nutrition in person or by fax or by e-mail to persons with questions regarding food and nutrition.

Some topics covered are lifecycle nutrition, diet, and disease, food composition, weight and obesity, food safety, food labeling, dietary supplements, nutrition assistance programs, surveys, and research.

Talk to a Nutrition Information Specialist Monday - Friday from 8:30 am until 4:30 pm Eastern Standard Time. Call 301-504-6409.

Service Area(s)

Nationwide