

## Registered Dietitian Referral

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Any age

Family

No

Intake Contact

Jackie Darling

Intake Contact Email

[eatrightvirginia.org](mailto:eatrightvirginia.org)

Intake Process

Telephone, fax, e-mail

Provider Refer

Yes

Report Problems

Other

Self Refer

Yes

Virginia Dietetic Association

<https://www.eatrightvirginia.org/>

PO Box 439  
20122 VA  
United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Voice mail is available at all times.

Languages Spoken

English

Consumers can locate a Registered Dietitian (RD) to assist them with individualized dietary plans to meet their needs. RDs are healthcare professionals with nutrition related degrees and supervised practice experiences who have successfully passed a national examination administered by the Commission on Dietetic Registration. RDs are recognized as Virginia's food and nutrition experts.

A Registered Dietitian can help individuals eat healthier, lose weight, reduce high blood pressure and cholesterol, and minimize the complications from chronic disease by designing a personalized nutrition program that is scientific and evidence-based. RDs provide individualized nutrition care by appointment and for a fee. This office can refer you to a Registered Dietitian in your area.

[Find a Dietitian](#) through American Dietetic Association.

Service Area(s)

Statewide