

## **Health & Safety Training**

Available 24/7

No

Intake Process

Call the office for more information.

Self Refer

Yes

American Red Cross, Virginia Region

<https://www.redcross.org/local/virginia/>

<https://www.redcross.org/take-a-class>

Main

(804) 780-2250

420 East Cary Street

23219 VA

United States

Fee Structure

Call for Information

Languages Spoken

English

The Virginia Region of the American Red Cross Health Safety Training and Education including

- First Aid
- Cardiopulmonary Resuscitation (CPR)
- Automated External Defibrillators (AED)
- Caregiving and Babysitting
- Swimming
- Certified Nursing Assistant (CNA)
- Basic Life Support (BLS)

HIV/AIDS education programs are also available. Programs may be customized for specific populations, for example: Disaster Preparedness for Seniors, Disaster Preparedness for persons with decreased mobility, Family Caregiving (for those who

care for family members), CPR for seniors, Grandparenting (for grandparents caring for younger children) and more. Many self-study classes are now available online.

To view and register for classes on the Red Cross website, click on "[Take a Class](#)".

Service Area(s)

Statewide