Life Skills and Independent Living Skills

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Does not serve Northern Virginia or Rappahannock Area, Northern Neck, Tidewater area or Southside planning districts. Family No **Intake Process** Call the office. Intake Contact Telephone (877) 889-1727 Provider Refer Yes Qualifications Qualification Type Certification **Qualification Entity** Commission on Accreditation of Rehabilitation Facilities (CARF) **Report Problems** Call the Agency Self Refer Yes Career Support Systems https://careersupport.net/ http://careersupport.net/services.html Main (804) 261-6788 Toll-Free

(877) 889-1727

3801 Westerre Parkway, Suite C 23233 VA United States

Additional Availability Comments
Service hours vary. Call for office hours.
Fee Structure
Call for Information
Languages Spoken
English

Career Support Systems (CSS) offers Life Skills and Independent Living Skills training. Independent living skills consist of case management, medication management, meal preparation, financial management, housekeeping duties, personal grooming, shopping, use of public transportation and community integration.

Provides independence and self-sufficiency by delivering an array of community-based employment supports.

There are several locations throughout the state that cover the majority of the State. Call the office for more information. CSS is an approved vendor for the Virginia Department for Aging and Rehabilitative Services (DARS).

Service Area(s)
Statewide
Email
Email contact form is available on the website.