

## Life Skills and Independent Living Skills

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Does not serve Northern Virginia or Rappahannock Area, Northern Neck, Tidewater area or Southside planning districts.

Family

No

Intake Process

Call the office.

Intake Contact Telephone

(877) 889-1727

Provider Refer

Yes

Qualifications

Qualification Type

Certification

Qualification Entity

Commission on Accreditation of Rehabilitation Facilities (CARF)

Report Problems

Call the Agency

Self Refer

Yes

Career Support Systems

<https://careersupport.net/>

<http://careersupport.net/services.html>

Main

(804) 261-6788

Toll-Free

(877) 889-1727

3801 Westerre Parkway, Suite C  
23233 VA  
United States

#### Additional Availability Comments

Service hours vary. Call for office hours.

#### Fee Structure

Call for Information

#### Languages Spoken

English

Career Support Systems (CSS) offers Life Skills and Independent Living Skills training. Independent living skills consist of case management, medication management, meal preparation, financial management, housekeeping duties, personal grooming, shopping, use of public transportation and community integration.

Provides independence and self-sufficiency by delivering an array of community-based employment supports.

There are several locations throughout the state that cover the majority of the State. Call the office for more information. CSS is an approved vendor for the Virginia Department for Aging and Rehabilitative Services (DARS).

#### Service Area(s)

Statewide

#### Email

[Email contact form is available on the website.](#)