

Mental Illness, Connection Resource Support Groups

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

None specified.

Family

No

Intake Contact

Chloe Sanders

Intake Contact Email

csanders@namivirginia.org

Intake Process

Call or email the office for more information.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

National Alliance on Mental Illness Virginia (NAMI VA)

<http://www.namivirginia.org/>

<https://www.nami.org/Support-Education/Support-Groups/NAMI-Connection>

<https://www.facebook.com/NAMIVirginia1/>

Main

(804) 225-8264

Toll-Free

(800) 950-6264

VA

United States

Fee Structure

No Fee

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Call for Information

Languages Spoken

English

NAMI offers a Connection Recovery Support Group for adults dealing with mental illness. Recovery support groups are 90-minute weekly support groups run by persons who live with mental illness for other persons with any diagnosis who also live with mental illness. These groups provide a place that offers respect, understanding, encouragement, and hope.

The group is confidential, free of charge, follows a flexible structure without an educational format, and does not recommend or endorse any medications or other medical therapies.

[Find a Program](#) in your local community

Service Area(s)

Statewide

Email

info@namivirginia.org